



2023

AUCKLAND SHORT COURSE CHAMPIONSHIPS (25m)

West Wave Aquatic Centre, Alderman Drive, Henderson
Thursday 06th July – Sunday 09th July 2023

MEET PROGRAMME

Session 1 Thursday 06th July 2023							
Session 1 Warm-Up 3.45 – 4.45 pm Start 5:00 pm							
Event	Age	Distance/Stroke	Gender	Event	Age	Distance/Stroke	Gender
101	11/U	TF 100 IM		7		TF 50 Back	F
102	11/U	TF 100 IM		8		TF 50 Back	M
1	12/O	100 IM Heats	F	9	14/U	TF 4 X 50 Medley Relay	F
2	12/O	100 IM Heats	M	10	14/U	TF 4 X 50 Medley Relay	M
3	12/O	TF 1500 Free	F	11	15/O	TF 4 X 50 Medley Relay	F
4	12/O	TF 1500 Free	M	12	15/O	TF 4 X 50 Medley Relay	M
5		TF 50 Fly	F				
6		TF 50 Fly	M				
Session 2 Friday 07th July 2023							
Session 2 Warm-Up 3.45 – 4:45 pm Start 5pm							
Event	Age	Distance/Stroke	Gender	Event	Age	Distance/Stroke	Gender
1F	12/O	100 IM Finals	F	17		TF 50 Free	F
2F	12/O	100 IM Finals	M	18		TF 50 Free	M
13	12/O	TF 800 Free	F	19	14/U	TF 4 X 50 Free Relay	F
14	12/O	TF 800 Free	M	20	14/U	TF 4 X 50 Free Relay	M
15		TF 50 Breast	F	21	15/O	TF 4 X 50 Free Relay	F
16		TF 50 Breast	M	22	15/O	TF 4 X 50 Free Relay	M
Heats Session 3 Saturday 08th July 2023							
Session 3 Warm-Up 7.45 – 8:45 am Start 9am							
Event	Age	Distance/Stroke	Gender	Event	Age	Distance/Stroke	Gender
123TF	11/U	400 Free	F	29	12/O	200 Breast	F
124TF	11/U	400 Free	M	30	12/O	200 Breast	M
23TF	12/O	400 Free	F	131TF	11/U	100 Free	F
24TF	12/O	400 Free	M	132TF	11/U	100 Free	M
25	12/O	200 Fly	F	31	12/O	100 Free	F
26	12/O	200 Fly	M	32	12/O	100 Free	M
27	12/O	100 Back	F	33	12/O	200 IM	F
28	12/O	100 Back	M	34	12/O	200 IM	M
129TF	11/U	200 Breast	F				
130TF	11/U	200 Breast	M				



Finals Session 4 Saturday 08th July 2023

Session 4 Warm-Up 1.45 – 2.45pm Start 3.00pm

Event	Age	Distance/Stroke	Gender	Event	Age	Distance/Stroke	Gender
23TF	12/O	400 Free (fastest heat)	F	31TF	12/O	100 Free	F
24TF	12/O	400 Free (fastest heat)	M	32TF	12/O	100 Free	M
25F	12/O	200 Fly	F	133TF	11/U	200 IM	F
26F	12/O	200 Fly	M	134TF	11/U	200 IM	M
127TF	11/U	100 Back	F	33F	12/O	200 IM	F
128TF	11/U	100 Back	M	34F	12/O	200 IM	M
27F	12/O	100 Back	F	35TF	14/U	TF 4 X 100 Free Relay	F
28F	12/O	100 Back	M	36TF	14/U	TF 4 X 100 Free Relay	M
29F	12/O	200 Breast	F	37TF	15/O	TF 4 X 100 Free Relay	F
30F	12/O	200 Breast	M	38TF	15/O	TF 4 X 100 Free Relay	M

Heats Session 5 Sunday 09th July 2023

Session 5 Warm-Up 7.45 – 8:45 am Start 9am

Event	Age	Distance/Stroke	Gender	Event	Age	Distance/Stroke	Gender
39TF	12/O	400 IM	F	44	12/O	200 Back	M
40TF	12/O	400 IM	M	145TF	11/U	100 Breast	F
41	12/O	100 Fly	F	146TF	11/U	100 Breast	M
42	12/O	100 Fly	M	45	12/O	100 Breast	F
143TF	11/U	200 Back	F	46	12/O	100 Breast	M
144TF	11/U	200 Back	M	47	12/O	200 Free	F
43	12/O	200 Back	F	48	12/O	200 Free	M

Finals Session 6 Sunday 09th July 2023

Session 6 Warm-Up 1.45 – 2.45pm Start 3.00pm

Event	Age	Distance/Stroke	Gender	Event	Age	Distance/Stroke	Gender
39TF	12/O	400 IM (Fastest Heat)	F	46F	12/O	100 Breast	M
40TF	12/O	400 IM (Fastest Heat)	M	147TF	11/U	200 Free	F
141TF	11/U	100 Fly	F	148TF	11/U	200 Free	M
142TF	11/U	100 Fly	M	47F	12/O	200 Free	M
41F	12/O	100 Fly	M	48F	12/O	200 Free	F
42F	12/O	100 Fly	F	49TF	14/U	TF 4 X 100 Medley Relay	F
43F	12/O	200 Back	F	50TF	14/U	TF 4 X 100 Medley Relay	M
44F	12/O	200 Back	M	51TF	15/O	TF 4 X 100 Medley Relay	F
45F	12/O	100 Breast	F	52TF	15/O	TF 4 X 100 Medley Relay	M



SC QUALIFYING TIMES

2023 Auckland Short Course Championships (25m)

Age as at 06th July 2023

SC Male				Event	SC Female			
17/O	15/16	12-14	11/U		11/U	12-14	15/16	17/O
26.00	29.00	31.50	33.50	50 Free	33.50	32.00	31.50	31.00
57.00	1.00.00	1.08.50	1.12.00	100 Free	1.12.00	1.09.75	1.06.50	1.06.00
2.12.00	2.20.00	2.32.00	2.38.00	200 Free	2.38.00	2.33.50	2.26.00	2.24.00
4.40.00	5.00.00	5.18.50	5.25.00	400 Free	5.25.00	5.18.50	5.08.00	5.00.00
12.16.40	12.16.40	12.26.40		800 Free		12.26.40	12.16.40	12.16.40
22.52.50	22.52.50	23.10.50		1500 Free		23.10.50	22.52.50	22.52.50
33.00	34.00	36.50	42.00	50 Back	42.00	36.50	36.00	35.00
1.10.00	1.12.00	1.19.50	1.24.00	100 Back	1.24.00	1.19.50	1.14.00	1.12.00
2.30.00	2.40.00	2.50.50	2.55.00	200 Back	2.55.00	2.50.50	2.44.00	2.40.00
36.00	40.00	44.25	49.50	50 Breast	49.50	45.25	42.00	41.50
1.20.00	1.28.00	1.33.00	1.36.00	100 Breast	1.36.00	1.34.00	1.31.00	1.30.00
2.55.00	3.05.00	3.20.00	3.25.00	200 Breast	3.25.00	3.22.50	3.15.00	3.10.00
29.00	32.00	36.00	44.00	50 Fly	44.00	37.00	35.00	34.00
1.12.00	1.16.00	1.23.00	1.25.00	100 Fly	1.25.00	1.23.50	1.20.00	1.18.00
2.45.00	2.55.00	3.09.00		200 Fly		3.09.00	3.00.00	2.55.00
1.10.00	1.12.00	1.19.50	1.30.00	100 IM	1.30.00	1.21.50	1.18.00	1.17.50
2.35.00	2.40.00	2.50.00	2.58.00	200 IM	2.58.00	2.53.00	2.45.00	2.40.00
5.40.00	6.00.00	6.08.00		400 IM		6.08.00	6.05.00	6.00.00



MEET CONDITIONS & INFORMATION

Swimming Auckland Competitions are conducted under SNZ and ASA Regulations with the following conditions and criteria.

Eligibility: Entries are open to all registered competitive swimmers who have achieved the qualifying time.

Qualifying Period: There is NO qualifying period

Closing Date: Closing date for all entries is **Monday 26th June 2023** at midnight.

Age: Age as at 06th July 2023. Swimmers to contest their own age group.

Individual Entries: Converted times can be used.
Except for athletes with a current IPC classification, non-qualifying times (NQT) will not be accepted.

1500m Free, 800m Free,
400m IM & 200m Fly **These are 12/O events.**

12/U Tech Suit
Restriction **PLEASE NOTE THAT THE ASA TECH SUIT RESTRICTION POLICY APPLIES TO ALL 12/U SWIMMERS.**

Entries: To be entered directly into the SNZ Database. Individual entry times will be generated by the SNZ Database. Performances from regional and local competitions not held within the SNZ Database will not be eligible for use to enter this meet.

LATE ENTRIES WILL ONLY BE ACCEPTED IN ACCORDANCE WITH ASA RULE R8.6.2. The fee for a late entry shall be \$50 per entry. No late entries will be accepted in the Control Room without payment of the correct fee.

Entry Fees: Individual Entries:
Registered Swimmers \$15.00 per entry incl. GST.

Relay Entries:
Teams \$25.00 per entry incl. GST.

Payment to be made via credit/debit card at time of entry.

Payment by clubs:
Direct Credit
Account number 12-3011-0757520-00
Ref: RD Code: Please use club abbreviation e.g. AKLME

Withdrawals: **NO REFUNDS** for any withdrawals (including medical) will be given once entries have closed. All withdrawals for the Session 1 are to be received by 10am, Thursday 06th July 2022, aucklandswimming@gmail.com

Withdrawals for Sessions 2-6 must be into the Control Room by the end of the preceding session or emailed to akswim01@gmail.com (the same timeframe applies)

Penalties:
R.7.10.2 A Penalty Fee \$25 per timed final will be charged for late or non-withdrawals.
A penalty Fee of \$100 per Final will be charged for late or non-withdrawals.

Protests: Protest fee = \$100. Payable upon submission of correctly completed protest form.



Athletes with a Disability:

The ASA has a “mainstreaming” policy relating to athletes with a disability. Athletes who hold a Para Classification are eligible to participate in this programme and will be seeded amongst able-bodied athletes on the basis of entry times. It is the responsibility of the athlete with a disability (or their Team Manager) to inform the Referee before they swim of their Para Classification and to supply the Referee with their Para Classification Card. The Referee will use their best efforts to judge the swim under the applicable IPC Rules.

Timed Finals:

These will be swum Slowest to Fastest
All 11/U events are Timed Finals
All 400m Free and IM events are Timed Finals with the fastest heat for 12/O being swum in the Finals session.

Finals:

There will be an A Final for each designated event in the following Age Groups.
12-14, 15/16, 17/O, Open (fastest 8 swimmers overall)
Only 2 visitors will be able to qualify for each designated final.

There is a \$50 finals withdrawal fee and this will be strictly enforced.

Withdrawals from finals must be into the Control Room within 30mins of the finals list being posted.

Starts:

Heats: ‘Over the Top’ starts will be used and the FINA One Start Rule (SW 4.4) will apply.
Finals: The pool will be cleared between races.

Marshalling:

Heats and Timed Finals: There will be no marshalling. Swimmers are to marshal themselves at their lane just before the start of their event. No races will be delayed if swimmers fail to appear for their event.

Finals: All finalists, including reserves, are to report to marshalling at least 4 races prior to their scheduled event.

This does not apply to 11/U Timed Final events held during the evening Finals sessions.

Pool Deck:

All Team Managers must be on the SNZ Database and Police vetted.
Officials must wear their ASA Officials shirt and be police vetted.
Coaches must display their NZSCAT accreditation.
No access to the poolside area will be permitted without valid accreditation.

Warm-up Supervision:

It is an ASA requirement that all swimmers are supervised during warm-up by an NZSCAT accredited coach. This is to ensure the Health and Safety of all swimmers during what can be a chaotic time. If your coach is not attending the meet then you need to arrange a coach from another club to supervise your swimmers during warm-up. Parents / Team managers are not permitted to supervise swimmers during warm-up.

Medals:

Medals will be awarded to the top three Auckland place-getters in each event by age group. 11/U, 12-14, 15/16, 17/O. A maximum of two visitor medals will be awarded in each age-group in each event if finishing in the top three places.

Age-Group medals will be awarded based on performance in Age and Open finals.

Trophies:

Hallyburton Johnson Shield:
Accumulated points from Age-Group and Open Individual Championships.

Waitakere Licencing Trust Trophy
Presented by the Trust in 1993 for competition at the Auckland Winter / SC Championships.
To be awarded an Auckland affiliated club swimmer registering the best performance of the meet.

Member Protection Policy:

SNZ operates a Member Protection Policy.
All participants in this meet agree to be bound by the conditions of this policy as a condition of entry.
All participants must agree to comply with the Sports Anti-Doping Rules



Photography:

In entering this Championship, participants agree to allow photograph, video, multimedia or film likeness taken by accredited photographers, to be used for any legitimate purpose by Swimming Auckland, their Agents, their sponsors or others.

Use of long lens cameras must be registered with ASA 3 days prior to the meet commencing. Please send requests to aucklandswimming@gmail.com

Any photography or video recording with other devices should be limited to designated club personnel.

NO flash photography is permitted at any time.

Swimming Auckland and/or their Agent reserve the right to restrict and or forbid the use of photography or video recording for the Health and Safety of its members. Failure to comply with a request from Swimming Auckland or their Agent may result in access to the event venue being restricted and or denied.